

Sandy Parks & Recreation

MARCH 2009

440 East 8680 South • Sandy, Utah 84070 • 568-2900 • www.sandy.utah.gov/parks

Registration Information: IN PERSON: Sandy Parks & Recreation

440 E. 8680 S. • Monday-Friday 8 a.m. to 6 p.m. • 568-2900

ONLINE REGISTRATION: www.sandy.utah.gov/parks

(available for most sports and programs)



Recreation

Start Smart Classes

Must be three or older by first day of class!

Start Smart is a great program for parents to spend time with their children and help prepare them for future participation in youth sports. All classes are taught in a safe, noncompetitive atmosphere to help your child build confidence and most importantly, have FUN! *Parents are required to attend and participate at each class!* Registration is ongoing or until classes fill. Registration includes instructor, t-shirt, award, and equipment usage.

Multi Sports Skill Development

This program focuses on preparing children for participation in organized sports and teaches skills including: dribbling, throwing, catching, kicking, and batting.

Class 1: April 21, 28, May 5, 12, 19, 26

Day: Tuesday Time: 5:30-6:15 p.m.

Cost: \$30 Ages: 3-5 years old

Class 2: April 22, 29, May 6, 13, 20, 27

Day: Wednesday Time: 6:30-7:15 p.m.

Cost: \$30 Ages: 3-5 years old

Soccer

This program focuses on teaching the basics including kicking, dribbling, trapping, throw-ins, and agility.

Class 1: April 21, 28, May 5, 12, 19, 26

Day: Tuesday Time: 6:30-7:15 p.m.

Cost: \$30 Ages: 3-5 years old

Class 2: April 22, 29, May 6, 13, 20, 27

Day: Wednesday Time: 5:30-6:15 p.m.

Cost: \$30 Ages: 3-5 years old

Baseball/Softball

This program focuses on teaching the basics including throwing, catching, batting, running, and agility.

Class 1: April 23, 30, May 7, 14, 21, 28

Day: Thursday Time: 5:30-6:15 p.m.

Cost: \$30 Ages: 3-5 years old



Alta Canyon Sports Center

9565 So. Highland Drive

Sandy, Utah • 568-4600

Kids Summer Camp

Kids can enjoy summer camps at Alta Canyon. Children from 5-15 will enjoy activities each week including field trips, swimming, arts and crafts and plenty of active play. Program hours are Monday-Friday from 7 a.m. until 6 p.m. with activities and field trips from 9 a.m. until 4 p.m. Participants are encouraged to sign up early; camps fill up quickly.

Spring Youth Tennis Lessons

Give your child an early start on their tennis game!

Session I: April 27-May 7 5 p.m. Beginner level
6 p.m. Int./Adv.level

Session II: May 11-May 21 5 p.m. Beginner level
6 p.m. Advanced level

Lifeguard Training Course

Dates: May 5-16

Day/Time: Tuesdays and Thursdays
from 6-10 p.m.
Saturdays from
9 a.m.-4 p.m.

Fee: \$150 (includes books)

Registration: April 1 – until classes
are full

Water Safety Instructor Course

Dates: May 4-May 21

Day/Time: Mondays and Wednesdays
from 6-10 p.m.

Fee: \$150.00 (includes books)

Registration: April 1 – until classes are full



Participants are required to register in-person at
Alta Canyon for lifeguard training/water safety courses.

2009 GOLF PROGRAMS YOUTH & ADULT



Adult Golf Leagues

Mens, Womens, and Coed Leagues run through the summer months. League players will be able to reserve tee times 8 days in advance instead of the normal 7-day advance policy. Registration is ongoing.

Womens League Dates: Mon., April 6-October 26

Coed League Dates: Mon., April 6-October 26

Mens League Dates: Tue., March 3-October 27

“Get Golf Ready” Classes

This program is designed for the new golfer. Endorsed by the PGA of America, this nationwide golf initiative is a low cost way to learn and play the great game of golf. The sessions include skill instruction, golf knowledge, instruction on basic rules, safety, operating golf carts, and keeping score.

Cost: \$99 for 5 one-hour sessions
(includes time spent on the course)

Please call the North Range Teaching Facility at 801-568-4657 for sign up and starting dates and times.



“Ready Set Golf” Classes

- Designed for experienced golfers of any ability level.
- A weekly golf instruction demonstration and hands-on instruction class.
- Taught by Dave DeSantis or a certified University of Golf instructor.

Dates: April 1-August 26

Day: Wednesdays

Times: 5:45 p.m.

Cost: \$20 per class

Junior Golf Summer Instructional Series

Designed for beginners or intermediate golfers, boys and girls. These one hour instructional lessons help students learn the basics and fine-tune their golfing skills. The classes are held on Wednesdays and Thursdays.

Dates: June 10-August 20

Times: 2-3 p.m.

Ages: 7-15 years old

Cost: \$20 for one class

\$50 for three classes

9300 SO. RIVERSIDE DRIVE SANDY, UTAH • 568-4653

Junior Golf Camps

This camp is held for four days, Tuesday-Friday. It is designed for junior golfers, ages 8-15, to incorporate golf activities and daily instruction. Program includes lunch each day of camp.

Dates: June 16-19

July 14-17

Times: 10:00 a.m.-12:30 p.m.

Cost: \$200 per camp

\$350 for both camps

Junior Golf Supervised Playing Sessions

1-1/2 hour sessions on the golf course with an instructor. Held on the 2nd and 4th Wednesdays of the month from June to August. This includes a snack after each session.

Dates: June 10, 24, July 8, 22
August 12, 26

Ages: 7-15 years old

Times: 3:10-5:00 p.m.

Cost: \$30 for 1 session

\$160 for six sessions

**For more information call River Oaks
Golf Course at (801) 568-4653.**